

DCIAA SHS CITY CHAMPIONSHIP TRACK MEET - 5/18/2004 to 5/20/2004  
SPINGARN SENIOR HIGH SCHOOL  
Results

## Boys

### Men - Team Rankings - 16 Events Scored

=====		
164	1) Hd Woodson HS	175
		2) Fw Ballou Sr HS
59	3) Woodrow Wilson Shs	121
		4) Spingarn HS
34	5) Dunbar Senior HS	39
		6) Benjamin Banneker HS
9	7) Calvin Coolidge	14
		8) School Without Walls
2	9) Eastern Shs	3
		10) Anacostia Shs
	11) Cardozo Shs	1

### Men 100 Meter Dash

=====			
	Name	Year School	Prelims H#
=====			
Preliminaries			
1	Smith, Darnell	Dunbar Senio	11.30q 1
2	Coleman, Carlos	Benjamin Ban	11.31q 4
3	Marcellus, Richard	Hd Woodson H	11.46q 2
4	Benoit, Jerome	Spingarn HS	11.64q 3
5	Davis, Vontee	Dunbar Senio	11.66q 2
6	Fullard, Brandon	Fw Ballou Sr	11.75q 1
7	Westpoint, Dion	Spingarn HS	11.76q 4
8	Kirby, Lamont	Hd Woodson H	11.80q 3
9	Amos, Justin	Dunbar Senio	11.82q 2
10	Burton, Willie	Woodrow Wils	11.95q 1
10	Frye, Bryan	Hd Woodson H	11.95q 4
12	Rosenbaum, David	Woodrow Wils	12.07q 3
13	Walker, Reginald	T Roosevelt	12.18q 2
14	Ukaegbu, Chidiebere	Benjamin Ban	12.40q 1
15	Jones, Winford	School Witho	12.52q 2
16	Austin, Marvin	Calvin Cooli	12.60q 1
17	Richardson, Allen	Fw Ballou Sr	12.64 2
18	Bullock, Quentin	Cardozo Shs	12.79 2
19	Onyeukwu, Godson	Cardozo Shs	12.90 4
20	Pope, Karl	Woodrow Wils	12.94 1

21	Quick, Sean	Anacostia Sh	12.98	3
22	Chukwu, Uchenna	Benjamin Ban	13.09	4
23	Rios, Hervert	Bell Multicu	13.56	3
24	Timmons, Eric	School Witho	14.35	3
25	Nguyen, Truong	School Witho	14.69	4
--	Bradley, Bobby	Anacostia Sh	DQ	4

Men 100 Meter Dash

Name	Year School	Semis	H#
Semi-Finals			
1	Coleman, Carlos	Benjamin Ban	11.05q 1
2	Marcellus, Richard	Hd Woodson H	11.34q 1
2	Smith, Darnell	Dunbar Senio	11.34q 2
4	Fullard, Brandon	Fw Ballou Sr	11.36q 1
5	Davis, Vontee	Dunbar Senio	11.56q 2
6	Benoit, Jerome	Spingarn HS	11.58q 2
7	Westpoint, Dion	Spingarn HS	11.70q 1
8	Burton, Willie	Woodrow Wils	11.77q 1
9	Kirby, Lamont	Hd Woodson H	11.84 2
10	Frye, Bryan	Hd Woodson H	11.87 1
11	Amos, Justin	Dunbar Senio	11.88 2
12	Walker, Reginald	T Roosevelt	12.16 2
12	Rosenbaum, David	Woodrow Wils	12.16 2
14	Ukaegbu, Chidiebere	Benjamin Ban	12.28 1
15	Austin, Marvin	Calvin Coolli	12.48 2

Men 100 Meter Dash

Name	Year School	Finals	Points
Finals			
1	Marcellus, Richard	Hd Woodson H	11.17 10
2	Smith, Darnell	Dunbar Senio	11.18 8
3	Coleman, Carlos	Benjamin Ban	11.20 6
4	Benoit, Jerome	Spingarn HS	11.39 5
5	Fullard, Brandon	Fw Ballou Sr	11.43 4
6	Davis, Vontee	Dunbar Senio	11.47 3
7	Westpoint, Dion	Spingarn HS	11.76 2
8	Burton, Willie	Woodrow Wils	11.81 1

Men 200 Meter Dash

Name	Year School	Prelims	H#
=====			
Preliminaries			
1 Coleman, Carlos	Benjamin Ban	22.78q	3
2 Smith, Darnell	Dunbar Senio	23.12q	1
3 Marcellus, Richard	Hd Woodson H	23.37q	2
4 Geter, Anjewan	Hd Woodson H	23.68q	3
5 Fullard, Brandon	Fw Ballou Sr	23.87q	1
6 Williams, Jamil	Woodrow Wils	23.91q	4
7 Davis, Vontee	Dunbar Senio	23.92q	2
8 Lee, Emani	Benjamin Ban	24.03q	2
9 Benoit, Jerome	Spingarn HS	24.07q	2
10 Larry, Derek	Woodrow Wils	24.14q	3
11 Amos, Justin	Dunbar Senio	24.27q	1
12 Tillman, Andre	Fw Ballou Sr	24.33q	4
13 Walker, Reginald	T Roosevelt	24.59q	1
14 Herrod, Donta	Hd Woodson H	24.70q	4
15 Ukaegbu, Chidiebere	Benjamin Ban	25.21q	2
16 Hughes, Thomas	Spingarn HS	25.76q	3
17 Westpoint, Dion	Spingarn HS	25.77	1
18 Ajueyitsi, Bruru	Calvin Coolli	26.03	2
19 Pauyo, Gessin	Calvin Coolli	26.53	3

Men 200 Meter Dash

Name	Year School	Semis	H#
=====			
Semi-Finals			
1 Tillman, Andre	Fw Ballou Sr	22.38q	2
2 Marcellus, Richard	Hd Woodson H	22.40q	1
3 Coleman, Carlos	Benjamin Ban	22.99q	2
4 Smith, Darnell	Dunbar Senio	23.11q	1
5 Geter, Anjewan	Hd Woodson H	23.18q	2
6 Herrod, Donta	Hd Woodson H	23.27q	1
7 Lee, Emani	Benjamin Ban	23.38q	2
8 Benoit, Jerome	Spingarn HS	23.48q	2
9 Larry, Derek	Woodrow Wils	23.50	1
10 Davis, Vontee	Dunbar Senio	23.51	1
11 Fullard, Brandon	Fw Ballou Sr	23.52	2
12 Amos, Justin	Dunbar Senio	23.98	1
13 Hughes, Thomas	Spingarn HS	25.34	2

Men 200 Meter Dash

Name	Year School	Finals	Points
=====			
Finals			
1 Tillman, Andre	Fw Ballou Sr	22.49	10
2 Coleman, Carlos	Benjamin Ban	22.59	8
3 Smith, Darnell	Dunbar Senio	23.07	6
4 Marcellus, Richard	Hd Woodson H	23.13	5
5 Geter, Anjewan	Hd Woodson H	23.15	4
6 Lee, Emani	Benjamin Ban	23.51	3
7 Benoit, Jerome	Spingarn HS	23.58	2
8 Herrod, Donta	Hd Woodson H	24.49	1

Men 400 Meter Dash

Name	Year	School	Finals	H#	Points
1	Tillman, Andre	Fw Ballou Sr	48.04	3	10
2	Elliot, Lorenzo	Spingarn HS	50.72	3	8
3	Ogunsiakan, Richard	Fw Ballou Sr	50.74	1	6
4	Marcellus, Richard	Hd Woodson H	51.10	2	5
5	Larry, Derek	Woodrow Wils	51.96	1	4
6	Ashton, Jarrel	Woodrow Wils	51.98	3	3
7	Bright, Norman	Dunbar Senio	52.73	3	2
8	Scott, Barry	Hd Woodson H	53.21	3	1
9	Wilbert, Quentin	Dunbar Senio	53.38	3	
10	Wilson, Chris	Hd Woodson H	53.84	2	
11	Williams, Stevie	Cardozo Shs	54.14	2	
12	Scott, Nico	Fw Ballou Sr	54.26	2	
13	Bennett, Michael	Benjamin Ban	56.14	2	
14	Lewis, Tyrone	Spingarn HS	57.64	1	
15	Chukwu, Uchenna	Benjamin Ban	1:02.35	2	

Men 800 Meter Run

Name	Year	School	Finals	Points
1	Redding, Brian	Hd Woodson H	1:59.90	10
2	Bright, Norman	Dunbar Senio	2:00.03	8
3	Jette, Travanni	Woodrow Wils	2:01.51	6
4	Levy, Samuel	Woodrow Wils	2:01.99	5
5	Elliot, Lorenzo	Spingarn HS	2:04.86	4
6	Kiah, Elijah	Spingarn HS	2:06.07	3
7	Jacobs, Ricky	Fw Ballou Sr	2:06.19	2
8	Perry, Torrence	Fw Ballou Sr	2:06.65	1
9	Shepherd, Angelo	Hd Woodson H	2:14.43	
10	Wingfield, Kevin	Benjamin Ban	2:14.53	
11	Bowman, Damone	Hd Woodson H	2:18.28	
12	Thomas, John	Fw Ballou Sr	2:20.43	
13	Williams, Stevie	Cardozo Shs	2:21.77	
14	Howardjr, Leonard	Dunbar Senio	2:25.34	

Men 1600 Meter Run

Name	Year	School	Finals	Points
1	Jette, Travanni	Woodrow Wils	4:36.75	10
2	Redding, Brian	Hd Woodson H	4:42.66	8
3	Jacobs, Ricky	Fw Ballou Sr	4:44.86	6
4	Levy, Samuel	Woodrow Wils	4:44.90	5
5	Haskell, Brian	Woodrow Wils	4:54.02	4
6	Thomas, John	Fw Ballou Sr	4:59.48	3
7	Perry, Torrence	Fw Ballou Sr	4:59.90	2
8	James, Levi	Hd Woodson H	5:08.53	1
9	Shepherd, Angelo	Hd Woodson H	5:16.25	
10	Bright, Norman	Dunbar Senio	5:18.99	
11	Wingfield, Kevin	Benjamin Ban	5:38.45	

Men 3200 Meter Run

Name	Year	School	Finals	Points
1 Jette, Travanni		Woodrow Wils	10:32.34	10
2 Jacobs, Ricky		Fw Ballou Sr	10:39.41	8
3 Redding, Brian		Hd Woodson H	10:51.16	6
4 Haskell, Brian		Woodrow Wils	10:56.17	5
5 James, Levi		Hd Woodson H	11:03.65	4
6 Levy, Samuel		Woodrow Wils	11:10.88	3
7 Shepherd, Angelo		Hd Woodson H	11:14.72	2
8 Bright, Norman		Dunbar Senio	11:24.94	1
9 Thomas, John		Fw Ballou Sr	11:45.07	
10 Perry, Torrence		Fw Ballou Sr	12:00.93	

Men 110 Meter Hurdles

Name	Year	School	Prelims	H#
Preliminaries				
1 Geter, Anjewan		Hd Woodson H	15.89q	2
2 Smith, Phillip		Spingarn HS	15.99q	2
2 Holliday, Keith		Woodrow Wils	15.99q	1
4 Ogunsiakan, Richard		Fw Ballou Sr	16.00q	1
5 Lee, Emani		Benjamin Ban	16.10q	1
6 Larry, Derek		Woodrow Wils	16.54q	2
7 Yates, Wesley		Hd Woodson H	16.61q	2
8 Wright, Dominic		Fw Ballou Sr	16.73q	2
9 Boyd, William		Hd Woodson H	17.11	1
10 Brown, Steven		Woodrow Wils	19.17	1
11 Holbrook, Joe		Fw Ballou Sr	20.52	2
12 Williams, Terry		Spingarn HS	21.38	1
13 Verner, Christopher		Benjamin Ban	21.45	1

Men 110 Meter Hurdles

Name	Year	School	Finals	Points
Finals				
1 Geter, Anjewan		Hd Woodson H	14.86	10
2 Ogunsiakan, Richard		Fw Ballou Sr	14.94	8
3 Smith, Phillip		Spingarn HS	15.51	6
4 Holliday, Keith		Woodrow Wils	15.53	5
5 Wright, Dominic		Fw Ballou Sr	16.17	4
6 Yates, Wesley		Hd Woodson H	17.28	3
7 Larry, Derek		Woodrow Wils	17.38	2
-- Lee, Emani		Benjamin Ban	DNF	

Men 300 Meter Hurdles

Name	Year	School	Finals	H#
1 Larry, Derek		Woodrow Wils	39.50	2 10
2 Ogunsiakan, Richard		Fw Ballou Sr	39.67	2 8
3 Geter, Anjewan		Hd Woodson H	39.93	2 6
4 Scott, Barry		Hd Woodson H	42.28	1 5
5 Smith, Phillip		Spingarn HS	43.26	1 4
6 Wright, Dominic		Fw Ballou Sr	43.36	1 3
7 Lee, Emani		Benjamin Ban	43.82	2 2
8 Holliday, Keith		Woodrow Wils	44.19	2 1
9 Boyd, William		Hd Woodson H	44.68	2
10 Bennett, Michael		Benjamin Ban	46.44	2
11 Brown, Steven		Woodrow Wils	46.90	2
12 Williams, Terry		Spingarn HS	47.63	1
13 Holbrook, Joe		Fw Ballou Sr	48.72	1
14 Herbert, Roderick		Spingarn HS	49.81	1
15 Verner, Christopher		Benjamin Ban	52.54	1

Men 1500 Meter Steeplechase

Name	Year	School	Finals	Points
1 Jacobs, Ricky		Fw Ballou Sr	4:35.23	10
2 Jette, Travanni		Woodrow Wils	4:39.14	8
3 Levy, Samuel		Woodrow Wils	4:45.10	6
4 Redding, Brian		Hd Woodson H	4:49.73	5
5 Perry, Torrence		Fw Ballou Sr	5:00.11	4
6 Haskell, Brian		Woodrow Wils	5:06.13	3
7 Shepherd, Angelo		Hd Woodson H	5:13.19	2
8 Kiah, Elijah		Spingarn HS	5:15.80	1
9 Thomas, Camron		Hd Woodson H	5:19.33	
10 Nesbitt, Ricardo		Fw Ballou Sr	5:43.25	
11 Newby, Juan		Spingarn HS	5:46.15	
12 Lewis, Tyrone		Spingarn HS	5:56.07	

Men 4x100 Meter Relay

School	Finals	Points
1 Benjamin Banneker HS 'A'	44.31	10
1) Bennett, Michael	2) Coleman, Carlos	
3) Ukaegbu, Chidiebere	4) Lee, Emani	
2 Hd Woodson HS 'A'	44.72	8
1) Wright, Ryan	2) Herrod, Donta	
3) Kirby, Lamont	4) Miller, Theodore	
3 Spingarn HS 'A'	45.31	6
1) Benoit, Jerome	2) Smith, Phillip	
3) Crumlin, Julius	4) Williams, Terry	
4 Woodrow Wilson Shs 'A'	45.62	5
1) Burant, Nicholas	2) Banks, Eugene	
3) Holliday, Keith	4) Rosenbaum, David	
5 Fw Ballou Sr HS 'A'	46.30	4
1) Scott, Nico	2) White, Maurice	
3) Nesbitt, Ricardo	4) Wright, Dominic	
6 Dunbar Senior HS 'A'	48.86	3
1) Amos, Justin	2) Davis, Vontee	
3) Joe, Jerron	4) Smith, Darnell	
7 Anacostia Shs 'A'	48.93	2
1) Bradley, Bobby	2) Quick, Sean	
3) McLean, John	4) Norwood, Carmon	

Men 4x400 Meter Relay

School	Finals	Points
1 Spingarn HS 'A'	3:32.67	10
1) Benoit, Jerome	2) Williams, Terry	
3) Kiah, Elijah	4) Elliot, Lorenzo	
2 Fw Ballou Sr HS 'A'	3:33.93	8
1) Fullard, Brandon	2) Scott, Nico	
3) Wright, Dominic	4) White, Maurice	
3 Woodrow Wilson Shs 'A'	3:37.38	6
1) Burant, Nicholas	2) Ashton, Jarrel	
3) Burton, Willie	4) Banks, Eugene	
4 Hd Woodson HS 'A'	3:38.25	5
1) Kirby, Lamont	2) Wilson, Chris	
3) Johnson, Dandre	4) Scott, Barry	
5 Dunbar Senior HS 'A'	3:45.53	4
1) Wilbert, Quentin	2) Joe, Jerron	
3) Campbell, Lynnwood	4) Howardjr, Leonard	
6 Eastern Shs 'A'	3:53.24	3
1) Shields, Gregory	2) Hardy, Sean	
3) Loving, Michael	4) Hammond, Otis	
7 Benjamin Banneker HS 'A'	3:54.71	2
1) Ukaegbu, Chidiebere	2) Wingfield, Kevin	
3) Verner, Christopher	4) Bennett, Michael	

Men High Jump 5'0" 3 JUMPS

Name	Year School	Finals	Points
1 Miller, Theodore	Hd Woodson H	6-04.00	10
2 Herrod, Donta	Hd Woodson H	6-00.00	8
3 Thomas, John	Fw Ballou Sr	J6-00.00	6
4 Yates, Wesley	Hd Woodson H	5-06.00	5
5 Jones, Winford	School Witho	J5-06.00	4
6 Crumlin, Julius	Spingarn HS	5-04.00	3
7 Hughes, Thomas	Spingarn HS	5-02.00	2
8 Amos, Justin	Dunbar Senio	5-00.00	1
-- Pope, Karl	Woodrow Wils	NH	

Men Long Jump 4 JUMPS

Name	Year School	Finals	Points
1 Tillman, Andre	Fw Ballou Sr	22-01.00	10
2 Fullard, Brandon	Fw Ballou Sr	20-07.75	8
3 Frye, Bryan	Hd Woodson H	20-05.00	6
4 Jones, Winford	School Witho	20-01.75	5
5 Reed, Brandon	Woodrow Wils	19-11.50	4
6 Herrod, Donta	Hd Woodson H	19-01.75	3
7 Scott, Barry	Hd Woodson H	18-08.75	2
8 Williams, Stevie	Cardozo Shs	18-06.50	1
9 Pope, Karl	Woodrow Wils	18-04.75	
10 Rosenbaum, David	Woodrow Wils	18-04.00	
11 Crumlin, Julius	Spingarn HS	18-03.50	
12 Joe, Jerron	Dunbar Senio	18-01.50	
13 Williams, Reginald	Spingarn HS	17-08.00	
14 Thurston, Yaqoob	Dunbar Senio	16-08.50	
15 Void, Joshua	School Witho	16-08.00	
16 Thurston, Marcus	Anacostia Sh	16-03.75	
17 Timmons, Eric	School Witho	15-08.00	
18 Thomas, Christopher	Spingarn HS	15-03.00	

Men Triple Jump 4 JUMPS

Name	Year School	Finals	Points
1 Tillman, Andre	Fw Ballou Sr	41-04.00	10
2 Geter, Anjewan	Hd Woodson H	41-00.50	8
3 Ogunsiakan, Richard	Fw Ballou Sr	41-00.00	6
4 Boyd, William	Hd Woodson H	40-06.50	5
5 Pope, Karl	Woodrow Wils	39-11.50	4
6 Crumlin, Julius	Spingarn HS	39-10.00	3
7 Joe, Jerron	Dunbar Senio	38-01.00	2
8 Thurston, Yaqoob	Dunbar Senio	36-03.00	1
9 Thomas, Camron	Hd Woodson H	36-01.75	



Men Shot Put 4 THROWS

Name	Year School	Finals	Points
1 Reaves, Jeremy	Hd Woodson H	42-09.75	10
2 Austin, Marvin	Calvin Cooli	40-01.25	8
3 Johnson, Mark	Fw Ballou Sr	38-10.50	6
4 Frye, Bryan	Hd Woodson H	38-07.00	5
5 Richardson, Allen	Fw Ballou Sr	37-09.00	4
6 Clindinin, Jason	Benjamin Ban	35-04.00	3
7 Alfaro, Steven	Woodrow Wils	34-08.00	2
8 Toomar, Thor	Fw Ballou Sr	34-06.00	1
9 Thomas, Daryl	Spingarn HS	33-05.00	
10 Davis, Vontee	Dunbar Senio	33-01.00	
11 Mejia, Valentin	Cardozo Shs	32-01.00	
12 Nguyen, Truong	School Witho	31-08.75	
13 Ukaegbu, Chinaemeze	Benjamin Ban	31-08.50	
14 Wallace, Joel	Calvin Cooli	29-09.50	
15 Miller, Aubrey	Woodrow Wils	28-10.00	
16 Thurston, Yaqoob	Dunbar Senio	28-01.50	

Men Discus Throw 4 THROWS

Name	Year School	Finals	Points
1 Richardson, Allen	Fw Ballou Sr	99-03	10
2 Alfaro, Steven	Woodrow Wils	99-01	8
3 Jackson, Marcellus	Calvin Cooli	97-06	6
4 Reaves, Jeremy	Hd Woodson H	J97-06	5
5 Frye, Bryan	Hd Woodson H	95-02	4
6 Boyd, William	Hd Woodson H	89-01	3
7 Nesbitt, Wayne	Fw Ballou Sr	88-04	2
8 Billings, James	Woodrow Wils	87-01	1
9 Grantham, Jamal	Fw Ballou Sr	87-00	
10 Ukaegbu, Chinaemeze	Benjamin Ban	85-10	
11 Thomas, Daryl	Spingarn HS	85-08	
12 Clindinin, Jason	Benjamin Ban	77-10	
13 Austin, Marvin	Calvin Cooli	72-07	
14 Smith, Darnell	Dunbar Senio	71-10	
15 Campbell, Lynnwood	Dunbar Senio	51-11	

## Girls

### Women - Team Rankings - 15 Events Scored

1) Hd Woodson HS	171.50	2) Ballou Sr HS	140.50
3) Woodrow Wilson	130	4) Dunbar Sr HS	44
5) Benjamin Banneker	26	6) Anacostia Shs	24
7) Spingarn HS	23	8) T Roosevelt Rough Riders	14
9) Calvin Coolidge	2		

### Women 100 Meter Dash

Name	Year School	Prelims	H#
Preliminaries			
1 Wright, Janae	Hd Woodson H	12.84q	3
2 Walker, Sasha	Fw Ballou Sr	13.06q	4
3 Quigley, Sherita	Hd Woodson H	13.07q	1
4 Nelson, Starlisha	Hd Woodson H	13.14q	2
5 Brown, Kelly	Dunbar Sr HS	13.46q	1
6 Smallwood, Andria	Fw Ballou Sr	13.47q	3
7 Welch, Dayonna	Woodrow Wils	13.52q	4
8 Reed, Grace	Benjamin Ban	13.64q	1
9 Alao, Itunu	Benjamin Ban	13.71q	4
10 Ramey, Diana	Fw Ballou Sr	14.01q	3
11 Baker-Brice, Shanae	T Roosevelt	14.13q	4
12 Brooks, Viola	Cardozo Shs	14.26q	4
13 Crumlin, Shardinae	Spingarn HS	14.29q	2
14 Green, Kelly	Calvin Cooli	14.46q	4
15 Pearson, Eboni	Spingarn HS	14.59q	1
16 Washington, Antonia	Woodrow Wils	15.14q	4
17 Charles, Loretta	School Witho	15.41	3
18 Thompson, Trudy	Calvin Cooli	15.76	2
19 Thorpe, Nasaha	Cardozo Shs	15.83	2
20 Johnson, Melody	Spingarn HS	16.16	1

### Women 100 Meter Dash

Name	Year School	Semis	H#
Semi-Finals			
1 Smallwood, Andria	Fw Ballou Sr	12.78q	1
2 Wright, Janae	Hd Woodson H	12.83q	2
3 Quigley, Sherita	Hd Woodson H	12.87q	1
4 Nelson, Starlisha	Hd Woodson H	12.94q	2
5 Walker, Sasha	Fw Ballou Sr	12.98q	1
6 Welch, Dayonna	Woodrow Wils	13.45q	1
7 Reed, Grace	Benjamin Ban	13.48q	2
8 Brown, Kelly	Dunbar Sr HS	13.58q	2
9 Alao, Itunu	Benjamin Ban	14.03	2

10	Ramey, Diana	Fw Ballou Sr	14.14	1
10	Baker-Brice, Shanae	T Roosevelt	14.14	1
12	Crumlin, Shardinae	Spingarn HS	14.19	2
12	Brooks, Viola	Cardozo Shs	14.19	2
14	Green, Kelly	Calvin Coolli	14.41	1
15	Pearson, Eboni	Spingarn HS	14.44	1
16	Washington, Antonia	Woodrow Wils	14.90	2

Women 100 Meter Dash

Name	Year School	Finals	Points
Finals			
1	Smallwood, Andria	Fw Ballou Sr	12.66 10
2	Wright, Janae	Hd Woodson H	12.72 8
3	Quigley, Sherita	Hd Woodson H	12.81 6
4	Nelson, Starlisha	Hd Woodson H	13.15 5
5	Welch, Dayonna	Woodrow Wils	13.34 4
6	Brown, Kelly	Dunbar Sr HS	13.38 3
7	Reed, Grace	Benjamin Ban	13.61 2
8	Walker, Sasha	Fw Ballou Sr	13.82 1

Women 200 Meter Dash

Name	Year School	Prelims	H#
Preliminaries			
1	Smallwood, Andria	Fw Ballou Sr	25.07q 3
2	Jackson, Ayana	Hd Woodson H	26.04q 2
3	Walker, Sasha	Fw Ballou Sr	26.18q 1
4	Quigley, Sherita	Hd Woodson H	26.43q 1
5	Welch, Dayonna	Woodrow Wils	27.61q 3
6	Depass, Shanice	Woodrow Wils	28.00q 1
7	Green, Kelly	Calvin Coolli	28.01q 1
8	Gantt, Lakisha	Anacostia Sh	28.02q 2
9	Reed, Grace	Benjamin Ban	28.03q 2
10	Crumlin, Shardinae	Spingarn HS	28.04q 2
11	Carroll, Christina	Benjamin Ban	28.05q 3
12	Wright, Janae	Hd Woodson H	28.06q 3
13	Scott, Marilyn	Dunbar Sr HS	28.90q 3

Women 200 Meter Dash

Name	Year	School	Semis	H#
Semi-Finals				
1		Smallwood, Andria	Fw Ballou Sr	25.73q 2
2		Walker, Sasha	Fw Ballou Sr	25.83q 1
3		Depass, Shanice	Woodrow Wils	26.02q 1
4		Wright, Janae	Hd Woodson H	26.09q 2
5		Jackson, Ayana	Hd Woodson H	26.10q 1
6		Quigley, Sherita	Hd Woodson H	26.47q 2
7		Gantt, Lakisha	Anacostia Sh	26.98q 2
8		Welch, Dayonna	Woodrow Wils	27.78q 2
9		Reed, Grace	Benjamin Ban	28.18 2
10		Scott, Marilyn	Dunbar Sr HS	28.31 2
11		Crumlin, Shardinae	Spingarn HS	28.91 1
12		Green, Kelly	Calvin Coolli	29.25 1
13		Carroll, Christina	Benjamin Ban	29.32 1

Women 200 Meter Dash

Name	Year	School	Finals	Points
Finals				
1		Smallwood, Andria	Fw Ballou Sr	25.24 10
2		Wright, Janae	Hd Woodson H	26.00 8
3		Quigley, Sherita	Hd Woodson H	26.17 6
4		Walker, Sasha	Fw Ballou Sr	26.23 5
5		Jackson, Ayana	Hd Woodson H	26.43 4
6		Depass, Shanice	Woodrow Wils	26.64 3
7		Gantt, Lakisha	Anacostia Sh	27.12 2
8		Welch, Dayonna	Woodrow Wils	28.37 1

Women 400 Meter Dash

Name	Year	School	Finals	H#
Points				
1		Smallwood, Andria	Fw Ballou Sr	56.03 2 10
2		Depass, Shanice	Woodrow Wils	56.73 2 8
3		Jackson, Ayana	Hd Woodson H	57.54 2 6
4		Nelson, Starlisha	Hd Woodson H	1:00.73 1 5
5		Walker, Sasha	Fw Ballou Sr	1:01.11 2 4
6		Payne, Dominique	Spingarn HS	1:01.22 2 3
7		Morgan, Kelly	Woodrow Wils	1:02.92 2 2
8		Elliott, Myisha	Hd Woodson H	1:05.92 2 1
9		Chang, Amanda	T Roosevelt	1:06.77 1
10		Carroll, Christina	Benjamin Ban	1:07.17 1
11		Onyegbula, Nwadi	Dunbar Sr HS	1:10.43 1
12		Akinboiajo, Mosunmola	T Roosevelt	1:11.87 2
13		Venable, Aquina	Fw Ballou Sr	1:12.96 1
14		Garland, Jasmine	Benjamin Ban	1:15.72 1

Women 800 Meter Run

=====

Name	Year	School	Finals	Points
1 Depass, Shanice		Woodrow Wils	2:16.14	10
2 Jackson, Ayana		Hd Woodson H	2:18.50	8
3 Walker, Sasha		Fw Ballou Sr	2:20.41	6
4 Parker, Latricia		Hd Woodson H	2:25.37	5
5 Brown, Candice		Fw Ballou Sr	2:30.74	4
6 Morgan, Kelly		Woodrow Wils	2:34.47	3
7 Spencer, Dasha		Spingarn HS	2:35.60	2
8 Tucker, Jasmine		Woodrow Wils	2:35.88	1
9 Onyegbula, Nwadi		Dunbar Sr HS	2:50.26	
10 Allen, Sherice		Hd Woodson H	2:52.67	
11 Koontz, Paris		Fw Ballou Sr	2:56.24	

Women 1600 Meter Run

Name	Year	School	Finals	Points
1 Willis, Sheena		Woodrow Wils	5:36.44	10
2 Brown, Candice		Fw Ballou Sr	5:42.50	8
3 Parker, Latricia		Hd Woodson H	5:47.46	6
4 Khalil, Neda		Woodrow Wils	5:55.50	5
5 Nobles, Kenisha		Fw Ballou Sr	5:55.67	4
6 Koontz, Paris		Fw Ballou Sr	6:24.58	3
7 Allen, Sherice		Hd Woodson H	6:32.52	2
8 Whitlow, Tina		Hd Woodson H	7:10.81	1
-- Depass, Shanice		Woodrow Wils	DNF	

Women 3200 Meter Run

Name	Year	School	Finals	Points
1 Brown, Candice		Fw Ballou Sr	12:33.91	10
2 Khalil, Neda		Woodrow Wils	12:44.82	8
3 Nobles, Kenisha		Fw Ballou Sr	13:06.59	6
4 Parker, Latricia		Hd Woodson H	13:23.01	5
5 Willis, Sheena		Woodrow Wils	13:49.99	4
6 Allen, Sherice		Hd Woodson H	14:17.95	3
7 Whitlow, Tina		Hd Woodson H	15:14.79	2
8 Tucker, Jasmine		Woodrow Wils	15:25.21	1

Women 100 Meter Hurdles

Name	Year	School	Prelims	H#
Preliminaries				
1 Warley, Avery		Hd Woodson H	16.37q	1
2 Posey, Lourdes		Hd Woodson H	16.86q	2
3 Gantt, Lakisha		Anacostia Sh	16.87q	1
4 Austin-Miller, Allegra		Woodrow Wils	17.86q	2
5 Ward, Valerie		Dunbar Sr HS	17.91q	1
6 Woods, Kristen		Benjamin Ban	18.85q	2
7 Green, Kelly		Calvin Cooli	20.05q	1
8 Spencer, Dasha		Spingarn HS	20.23q	2
9 Pearson, Eboni		Spingarn HS	20.34	2
10 Smith, Antesha		T Roosevelt	20.86	1

Women 100 Meter Hurdles

Name	Year School	Finals	Points
Finals			
1 Warley, Avery	Hd Woodson H	16.03	10
2 Posey, Lourdes	Hd Woodson H	16.36	8
3 Gantt, Lakisha	Anacostia Sh	16.57	6
4 Austin-Miller, Allegra	Woodrow Wils	16.65	5
5 Ward, Valerie	Dunbar Sr HS	18.24	4
6 Woods, Kristen	Benjamin Ban	18.32	3
7 Green, Kelly	Calvin Coolli	19.47	2
8 Spencer, Dasha	Spingarn HS	23.73	1

Women 300 Meter Hurdles

Name	Year School	Finals	H#	Points
Points				
1 Smallwood, Andria	Fw Ballou Sr	45.57	1	10
2 Nelson, Starlisha	Hd Woodson H	45.92	2	8
3 Gantt, Lakisha	Anacostia Sh	48.10	2	6
4 Payne, Dominique	Spingarn HS	49.11	2	5
5 Austin-Miller, Allegra	Woodrow Wils	50.42	2	4
6 Posey, Lourdes	Hd Woodson H	51.86	1	3
7 Woods, Kristen	Benjamin Ban	52.44	2	2
8 Reed, Grace	Benjamin Ban	56.97	1	1
9 Green, Kelly	Calvin Coolli	57.31	1	

Women 4x100 Meter Relay

School	Finals	H#	Points
Points			
1 Hd Woodson HS 'A'	50.22	2	10
1) Elliott, Myisha			
3) Quigley, Sherita			
2 Dunbar Sr HS 'A'	52.12	2	8
1) Onyegbula, Nwadi			
3) Ward, Valerie			
3 Benjamin Banneker HS 'A'	52.80	2	6
1) Cottingham, Brittney			
3) Reed, Grace			
4 Spingarn HS 'A'	53.22	2	5
1) Payne, Dominique			
3) Pearson, Eboni			
5 Woodrow Wilson 'A'	53.34	2	4
1) Welch, Dayonna			
3) Tucker, Jasmine			
6 Fw Ballou Sr HS 'A'	56.32	2	3
1) Ramey, Diana			
3) Howard, Maleka			

Women 4x400 Meter Relay

School	Finals	Points
1 Hd Woodson HS 'A'	4:10.77	10
1) Elliott, Myisha	2) Wright, Janae	
3) Quigley, Sherita	4) Jackson, Ayana	
2 Woodrow Wilson 'A'	4:15.35	8
1) Morgan, Kelly	2) Wedgeworth, Sarah	
3) Austin-Miller, Allegra	4) Shelman-Ford, Phyllis	
3 Spingarn HS 'A'	4:18.01	6
1) Payne, Dominique	2) Spencer, Dasha	
3) Pearson, Eboni	4) Fields, Tiffany	
4 Dunbar Sr HS 'A'	4:18.47	5
1) Onyegbula, Nwadi	2) Brown, Kelly	
3) Ward, Valerie	4) Scott, Marilyn	
5 Fw Ballou Sr HS 'A'	4:23.95	4
1) Venable, Aquina	2) Howard, Maleka	
3) Ramey, Diana	4) Briggs, Danielle	

Women High Jump 4'4" 3 JUMPS

Name	Year School	Finals	Points
1 Jackson, Charlie	Hd Woodson H	4-10.00	10
2 Willis, Sheena	Woodrow Wils	4-08.00	8
3 Warley, Avery	Hd Woodson H	J4-08.00	6
4 Nobles, Kenisha	Fw Ballou Sr	J4-08.00	5
5 Scott, Marilyn	Dunbar Sr HS	J4-08.00	4
6 Banks, Ciera	Fw Ballou Sr	4-06.00	3
7 Austin-Miller, Allegra	Woodrow Wils	4-04.00	2
-- Ward, Valerie	Dunbar Sr HS	NH	
-- Posey, Lourdes	Hd Woodson H	NH	
-- Adair, Jazmine	Anacostia Sh	DQ	

Women Long Jump 4 JUMPS

Name	Year School	Finals	Points
1 Woods, Kristen	Benjamin Ban	16-03.50	10
2 Baker-Brice, Shanae	T Roosevelt	15-08.75	8
3 Evans, Mia	Woodrow Wils	15-04.50	6
4 Gantt, Lakisha	Anacostia Sh	15-02.50	5
5 Jackson, Charlie	Hd Woodson H	15-00.50	3.5
5 Brown, Candice	Fw Ballou Sr	15-00.50	3.5
7 Chang, Amanda	T Roosevelt	14-10.50	2
8 Warley, Avery	Hd Woodson H	14-08.50	1
9 Ramey, Diana	Fw Ballou Sr	14-03.50	
10 Wedgeworth, Sarah	Woodrow Wils	14-01.50	
11 Stevens, Lalani	Woodrow Wils	13-05.00	
12 Smith, Antesha	T Roosevelt	12-09.50	
13 Tutt, Ustrula	Anacostia Sh	12-04.50	
14 Alao, Itunu	Benjamin Ban	11-11.75	
15 Elliott, Myisha	Hd Woodson H	11-02.00	
16 Johnson, Melody	Spingarn HS	10-11.50	

Women Triple Jump 4 JUMPS

Name	Year School	Finals	Points
1 Nobles, Kenisha	Fw Ballou Sr	33-09.00	10
2 Willis, Sheena	Woodrow Wils	32-09.50	8
3 Jackson, Charlie	Hd Woodson H	32-08.50	6
4 Wedgeworth, Sarah	Woodrow Wils	32-05.50	5
5 Chang, Amanda	T Roosevelt	31-04.00	4
6 Posey, Lourdes	Hd Woodson H	31-01.00	3
7 Evans, Mia	Woodrow Wils	28-11.00	2
8 Warley, Avery	Hd Woodson H	28-08.00	1
9 Baker-Brice, Shanae	T Roosevelt	28-03.00	
10 Banks, Ciera	Fw Ballou Sr	28-01.50	
11 Spears, Amber	Anacostia Sh	22-06.00	

Women Shot Put 4 THROWS

Name	Year School	Finals	Points
1 Smallwood, Diara	Fw Ballou Sr	30-06.00	10
2 Hargrove, Paris	Hd Woodson H	30-04.25	8
3 Hairston, Racquel	Woodrow Wils	30-01.50	6
4 Adair, Jazmine	Anacostia Sh	28-09.50	5
5 Chase, Lavionne	Dunbar Sr HS	27-11.00	4
6 Brawner, Shayona	Fw Ballou Sr	27-05.50	3
7 Wright, Alana	Benjamin Ban	26-06.50	2
8 Wertz, Lochelle	Hd Woodson H	24-10.00	1
9 Johnson, Laseana	Spingarn HS	24-06.50	
10 Long, Donesha	Dunbar Sr HS	22-06.25	
11 Smith, Antesha	T Roosevelt	21-07.00	
12 Bobb, Alicia	Hd Woodson H	21-01.50	
13 Evans, Mia	Woodrow Wils	21-00.25	
14 Bruce-Berry, Ashley	Spingarn HS	19-04.00	
15 Banks, Melissa	Benjamin Ban	19-03.00	

Women Discus Throw 4 THROWS

Name	Year School	Finals	Points
1 Chase, Lavionne	Dunbar Sr HS	88-06	10
2 Hairston, Racquel	Woodrow Wils	82-08	8
3 Long, Donesha	Dunbar Sr HS	71-10	6
4 Smallwood, Diara	Fw Ballou Sr	67-08	5
5 Evans, Mia	Woodrow Wils	67-07	4
6 Brawner, Shayona	Fw Ballou Sr	66-00	3
7 Hargrove, Paris	Hd Woodson H	63-06	2
8 Johnson, Laseana	Spingarn HS	62-04	1
9 Stancil, Megan	Dunbar Sr HS	60-08	
10 Wertz, Lochelle	Hd Woodson H	59-02	
11 Bruce-Berry, Ashley	Spingarn HS	55-10	
12 Brooks, Chuckia	Anacostia Sh	46-01	